

**SESSION n°3: CASE STUDIES HEALTHCARE DESIGN**

**Design  
& Health**  
International Academy for Design and Health

Milano, Italy 11-14 April 2024

**Design & Health**

13TH WORLD CONGRESS & EXHIBITION

**REVITALIZING HEALTH BY SALUTOGENIC DESIGN**

Healthy environment | Healthy people

***BLUE HOSPITAL DESIGN***

**Eduard Boonstra**

Deerns Group



**POLITECNICO  
MILANO 1863**

DIPARTIMENTO DI ARCHITETTURA,  
INGEGNERIA DELLE COSTRUZIONI  
E AMBIENTE COSTRUITO

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**Progettare  
per la Sanità**  
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# Blue Hospital Integrated design

Eduard Boonstra, M.Sc.  
Sector Director Healthcare  
Deerns Group





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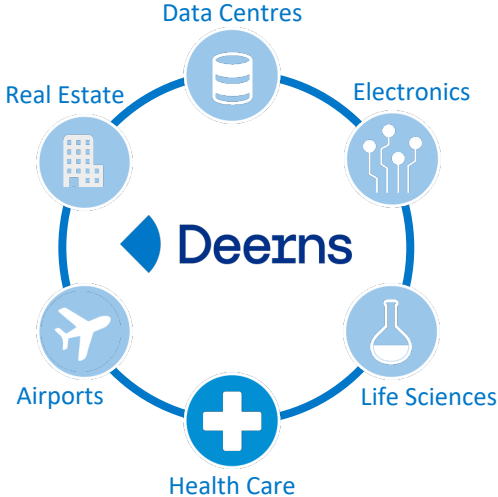
01



# Introduction



# A global engineering partner



- Presence** Offices in 10 countries, 600 staff
- Health Care** Leading position in the market
- 100 +** Major hospital projects globally
- Smart** Digitally enabled future-ready designs
- Sustainable** Net zero-energy and green hospitals
- Services** Independent, full-service MEP consultant

- Our Offices
- The Netherlands (Headquarters)
  - Brazil
  - Colombia
  - United Kingdom
  - France
  - Italy
  - Spain
  - Germany
  - India
  - Kuwait



02



# Why a Blue Hospital design

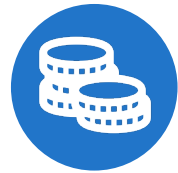
# Hospital of the future

## Challenging circumstances Healthcare:



Energy cost

Sustainability / ESG / EU regulations



High medical costs

Employee shortage



More focus on health & wellbeing is needed

Innovation and disruptions





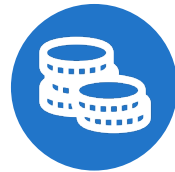
# Current Situation

## Challenging circumstances Healthcare:



Energy cost

Sustainability / ESG / EU regulations



High medical costs

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Innovation and disruptions



Urgent need to build hospitals that are more user friendly, flexible, more sustainable, and more cost-effective.

Requires an integrated design and decision - making approach in the program and design phase

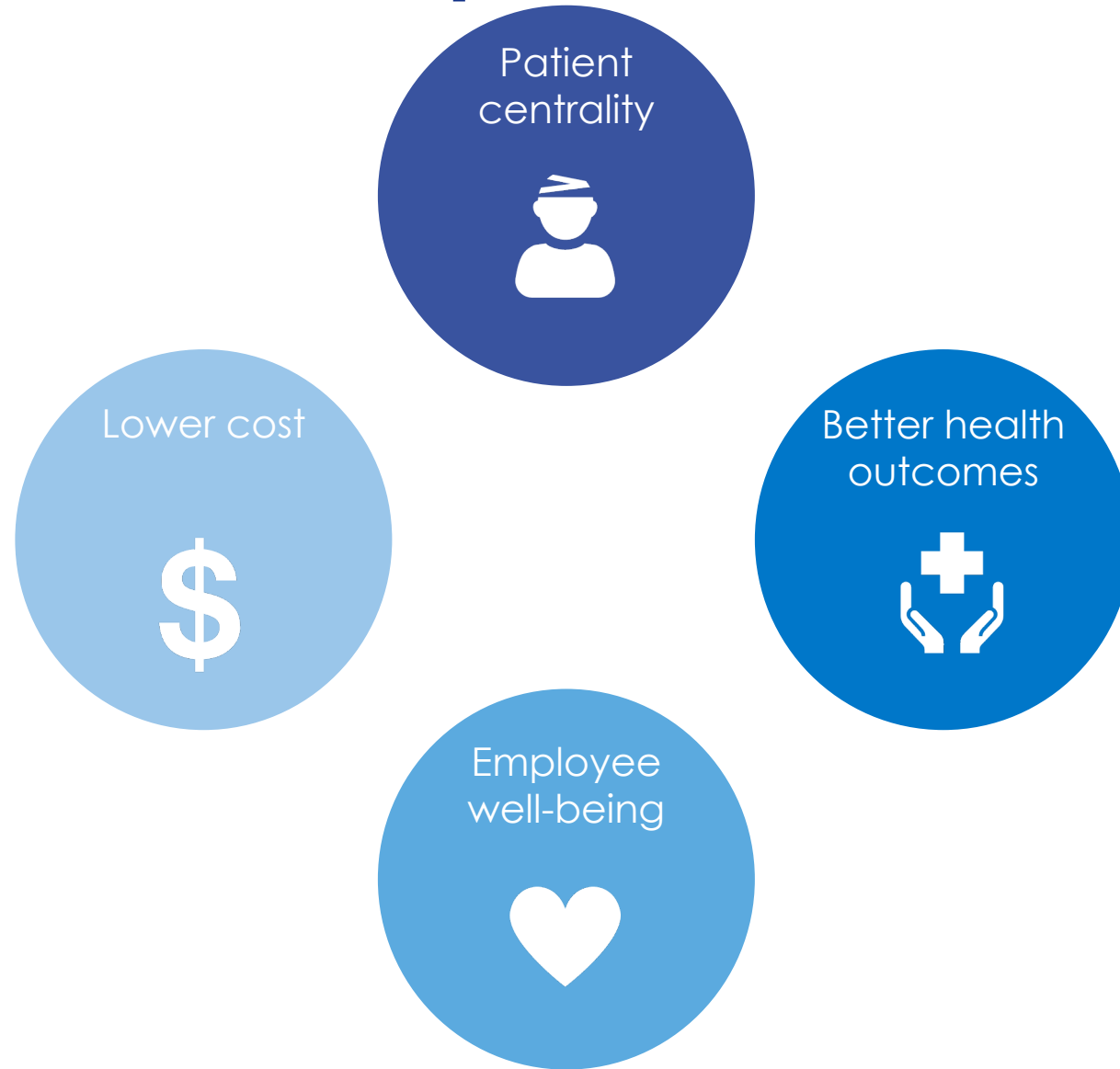
**that is why we change from a traditional design approach to a Blue Hospital integrated Design process**

03



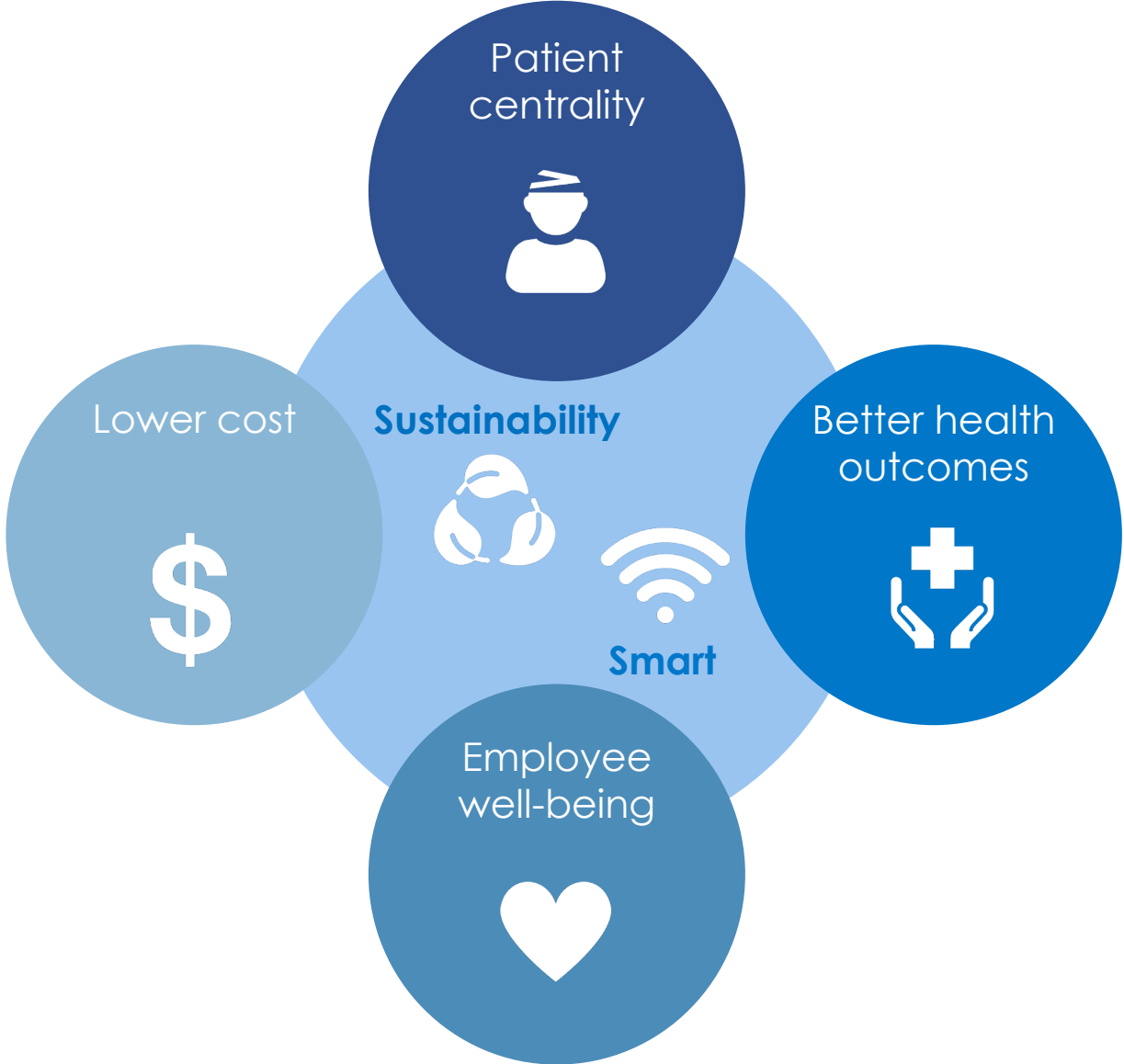
# How to design a Blue Hospital

# Creating a Model: Tripple aim & Quadruple Aim



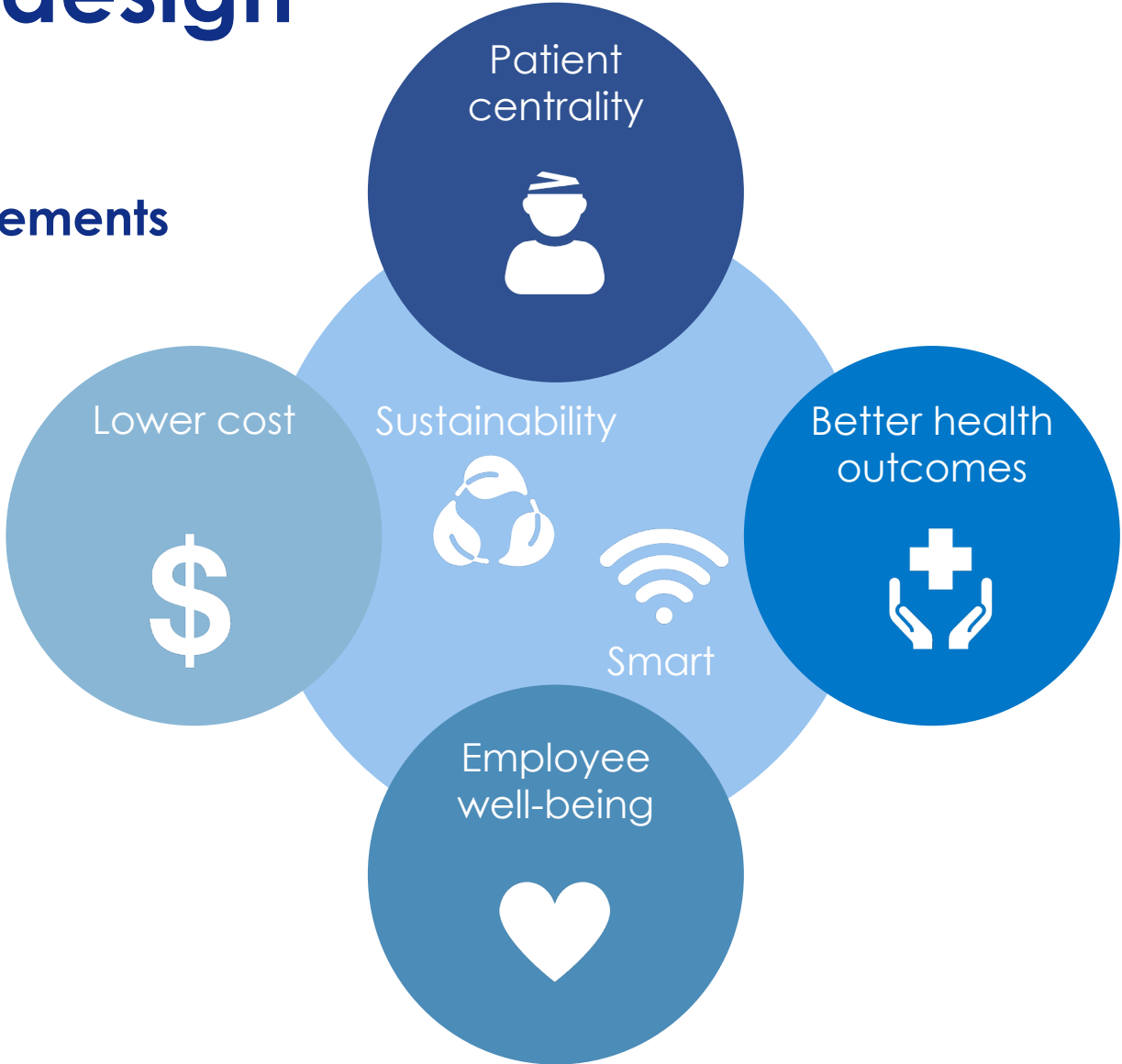


# Quadruple Aim & Technical enablers / goals



# Blue Hospital performance indicators for hospital design

Project specific requirements



# Blue hospital design



Setting priorities  
&  
Interconnectivity  
&  
Create synergy



# The 6 Performance Indicators



## Patient centrality

- Positive recovering space
- Improved patient experience
- Patient comfort
- Self-control of indoor conditions



## Health outcome

- Positive impact on comfort and recovery
- Reduce infections
- Avoid transmission of diseases
- Improve communication
- Efficient and immediate reaction to emergencies



## Costs

- Hospital budget
- Hospital ambitions
- Financial impact
- Return on Investment
- Total cost of ownership



## Employee well-being

- Healthy and safe workspaces for healthcare staff
- Biophilic design
- Restorative spaces
- Optimization of indoor climate



## Sustainability

- Material optimization
- Energy efficiency
- CO2 emissions
- Durability & climate resilience
- Maintenance & operations
- Total cost of ownership



## Building smartness

- Collect, connect & use data
- Data-driven decision making
- Smart systems and technologies
- Control and manage indoor environment

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Improved patient experience



More efficient hospital operations



Cost savings



Better user environment



Lowered carbon footprint



Better collaboration and data access

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# What are the results of a Blue Hospital design approach



# Our experience

Lessons learned and observations:

- Difficulty to implement functionalities in later stages
- Budget challenges when introducing requirements in later stages
- Not sufficient focus on TCO, synergy and business cases
- Program of requirements incomplete
- Sustainability and smart are becoming major needs
- Increased need to address all performance indicators
- Hospital start requiring a holistic design approach



New UPMC Ismett 2 Hospital in Carini - Palermo



Isala Hospital Meppel, Zwolle, The Netherlands



Aspen Medical Hospital, Jakarta, Indonesia



Martini hospital, Groningen, The Netherlands



Reinier de Graaf, Voorburg, The Netherlands



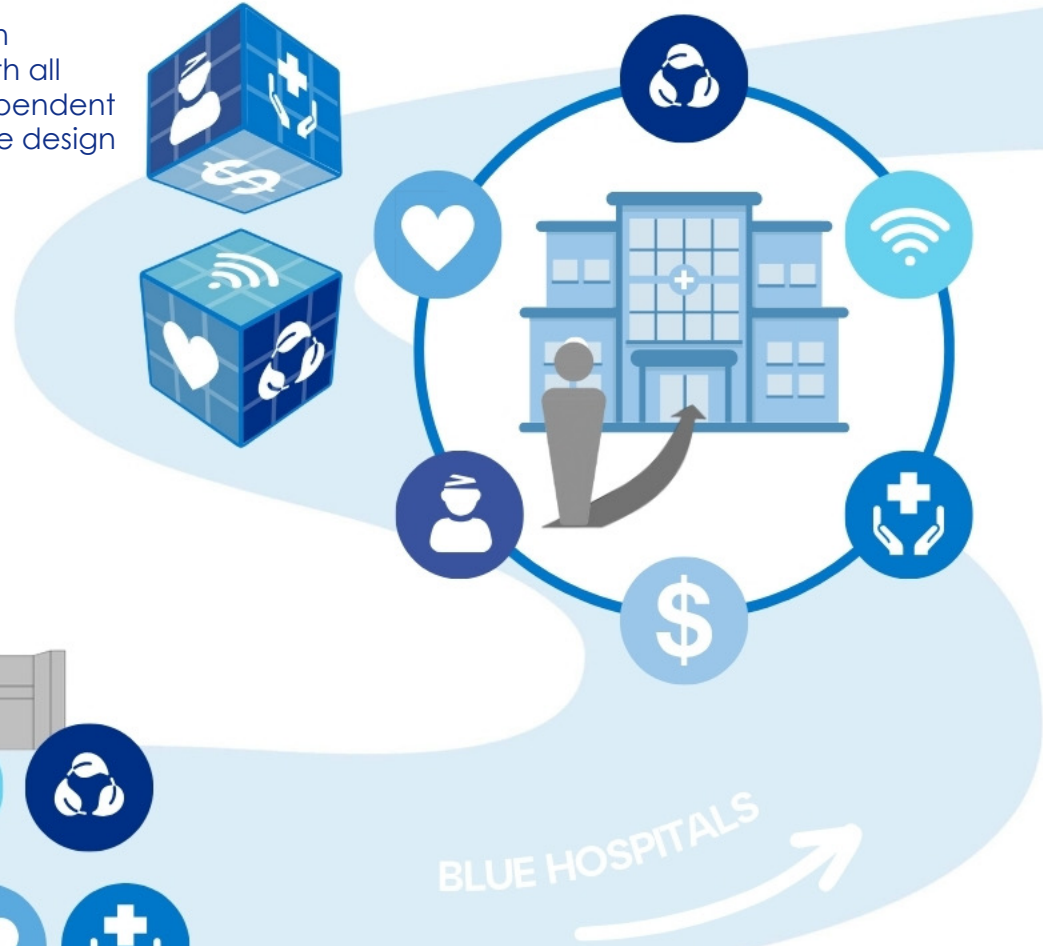
San Raffaele Hospital, Milan Italy

# Our vision in time

Holistic design approach with all items interdependent throughout the design process.

Addressing all performance indicators but without connection among them and not from the early design phase.

MEP design of hospitals taking into account the Quadruple aim.





# We have made a start...



## Radboud UMC, The Netherlands

**Goal:** Efficient hospital, patient centrality, better use of energy, innovative (both for technology as for care processes).



**Project details:** Academical hospital, New built, 42.000m<sup>2</sup>



**Scope of Work:** Feasibility study masterplan, Advice installation , Advice medical devices, BREEAM Excellent certification, Smart Building consultancy



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## Radboud UMC, The Netherlands



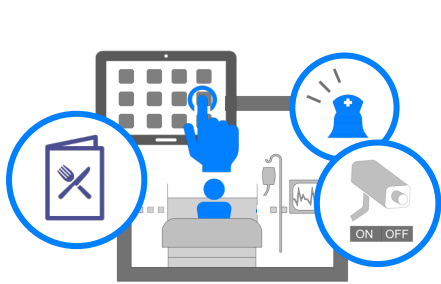
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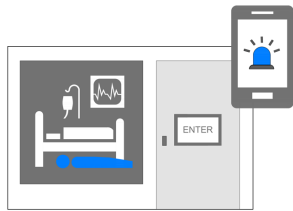
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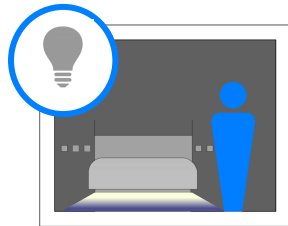
Remote functionalities for patients



Indoor climate control



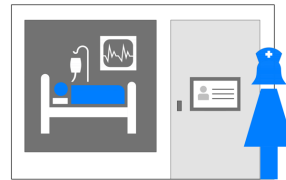
Incidence detection/ Alarms



Smart lighting/ LED lighting



Solar panels/ Heat pumps



Digital door signs



Nurse device

# We have made a start...

## Radboud UMC, The Netherlands



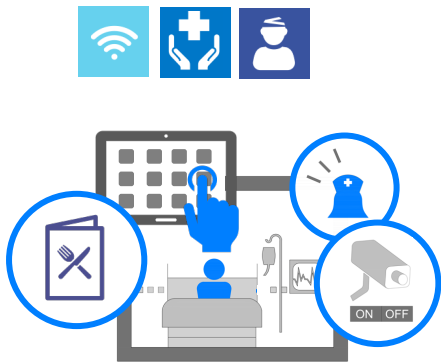
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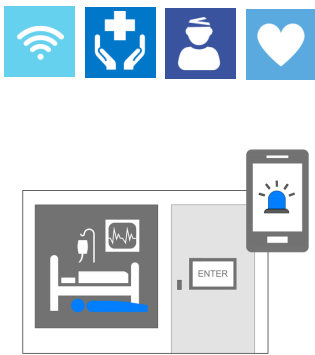
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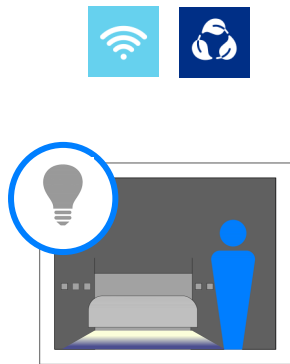
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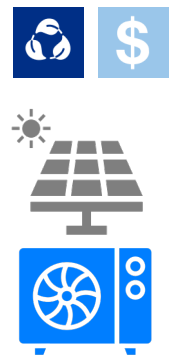
Indoor climate control



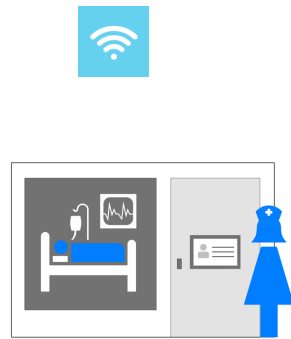
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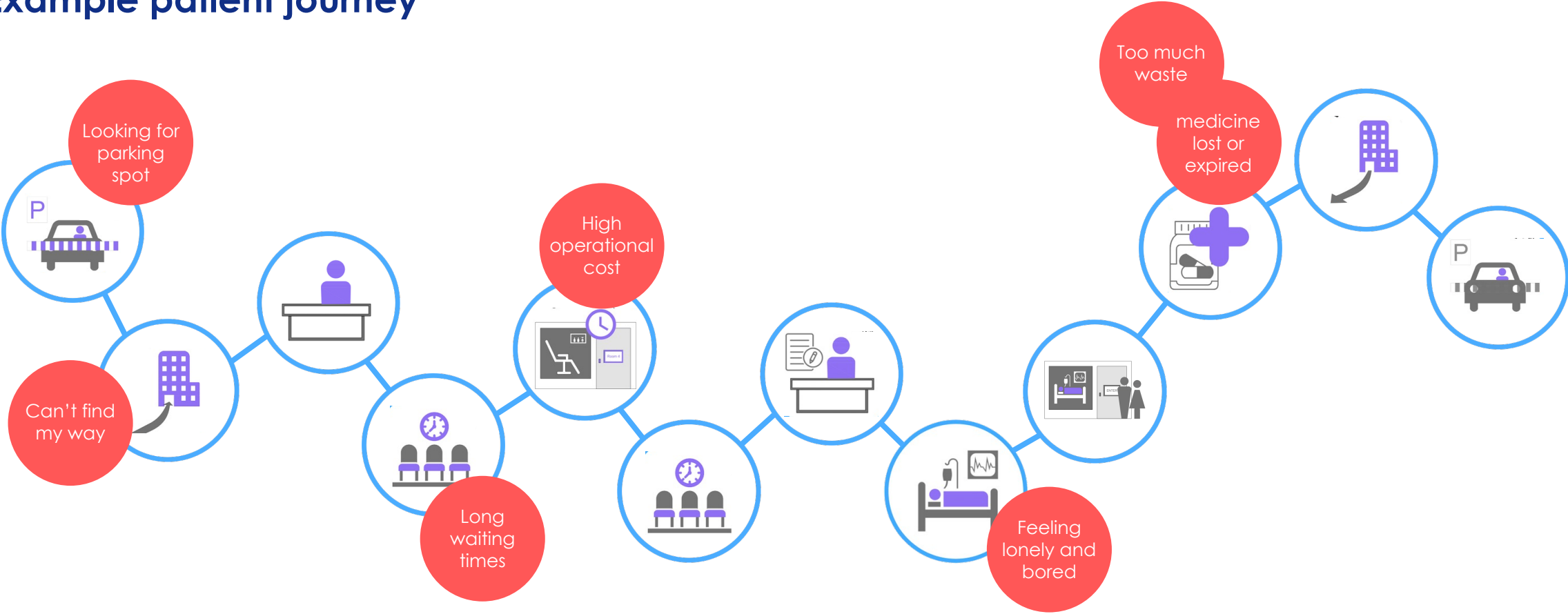
Nurse device



# Blue Hospital approach

## Challenges

### Example patient journey

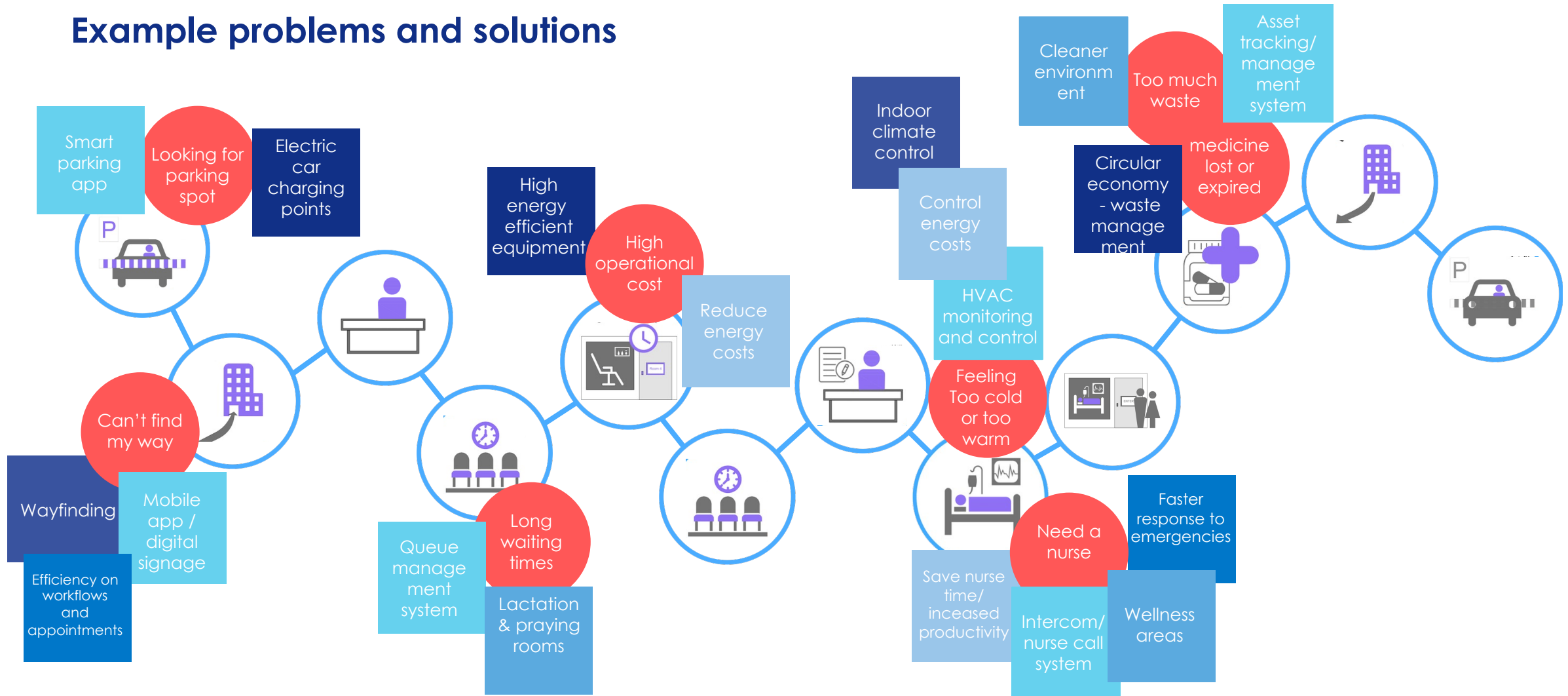




# Blue Hospital approach

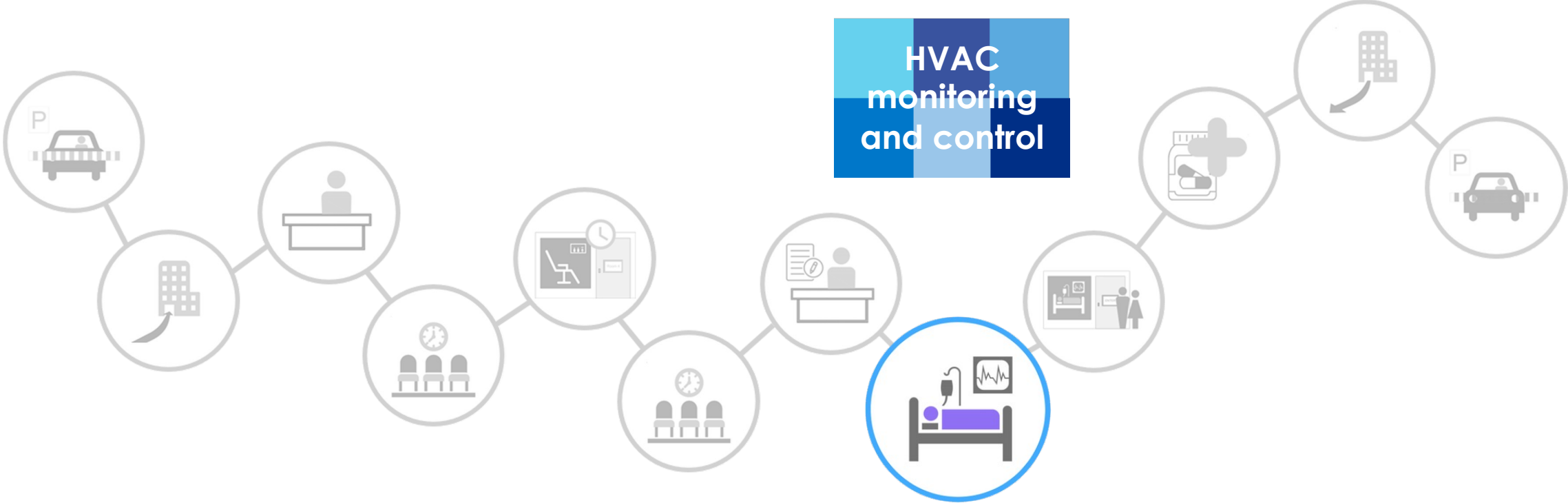


## Example problems and solutions



# Blue Hospital approach

Zooming in on one example solution



# HVAC control in patient room



# HVAC control in patient room



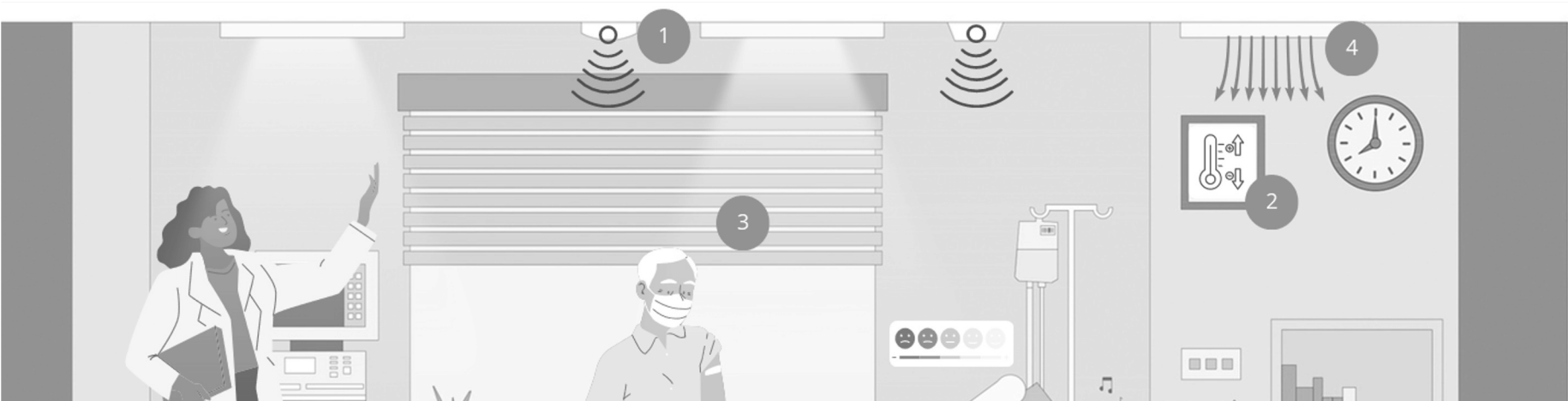
- 1 Indoor air quality sensors
- 2 Temperature controller
- 3 Blinds controller
- 4 Air-conditioning



# HVAC control in patient rooms



- 1 Indoor air quality sensors
- 2 Temperature controller
- 3 Blinds controller
- 4 Air-conditioning





  
Allow patients to control / adjust the indoor climate of their room.

  
Adjustability of the indoor climate increases users' well-being and creates healthier spaces.

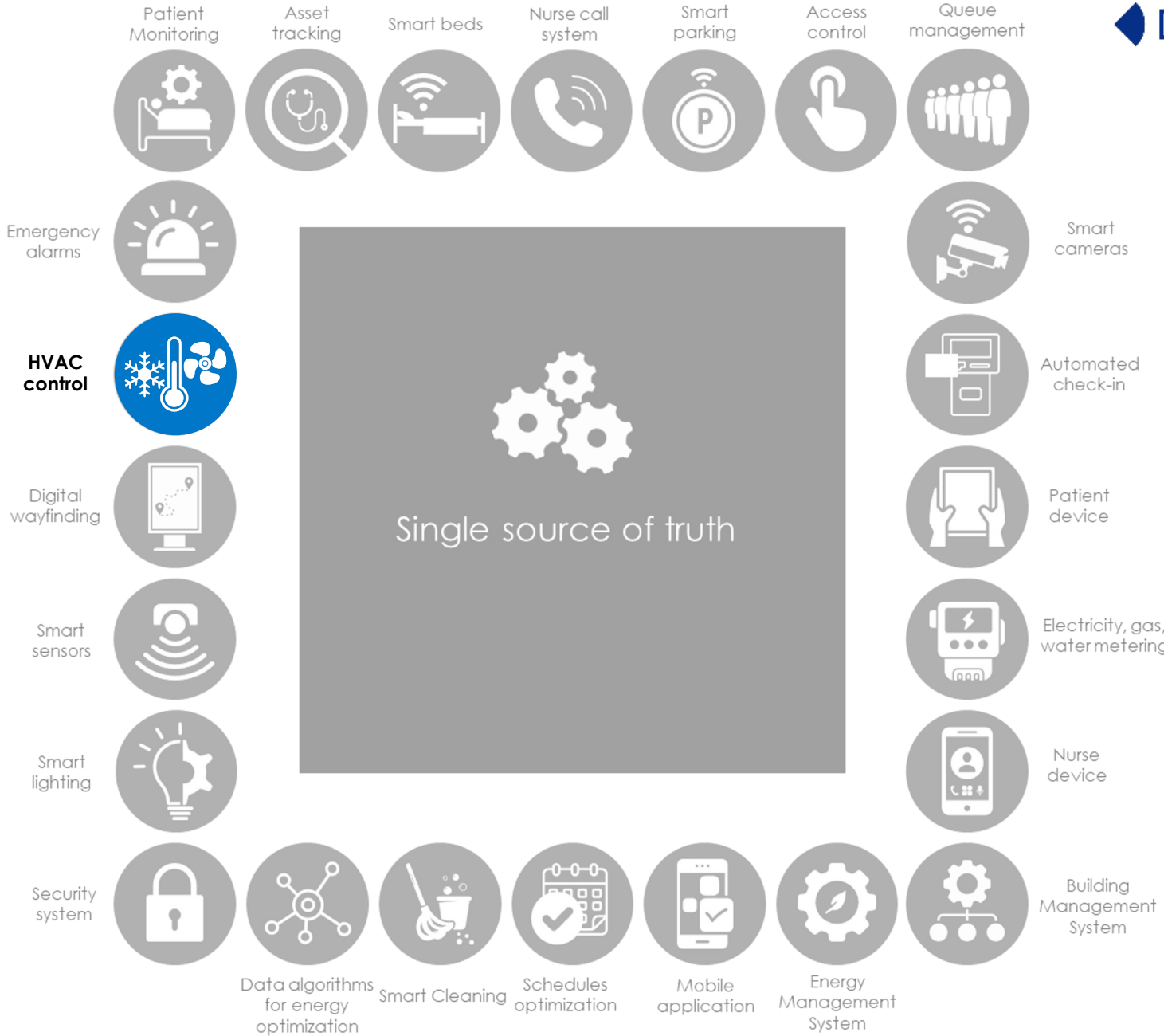
  
Maximize Return on investment by reducing energy consumption and improving productivity.

  
Increase well-being of medical staff with HVAC optimization

  
By controlling the HVAC, energy consumption can be regulated

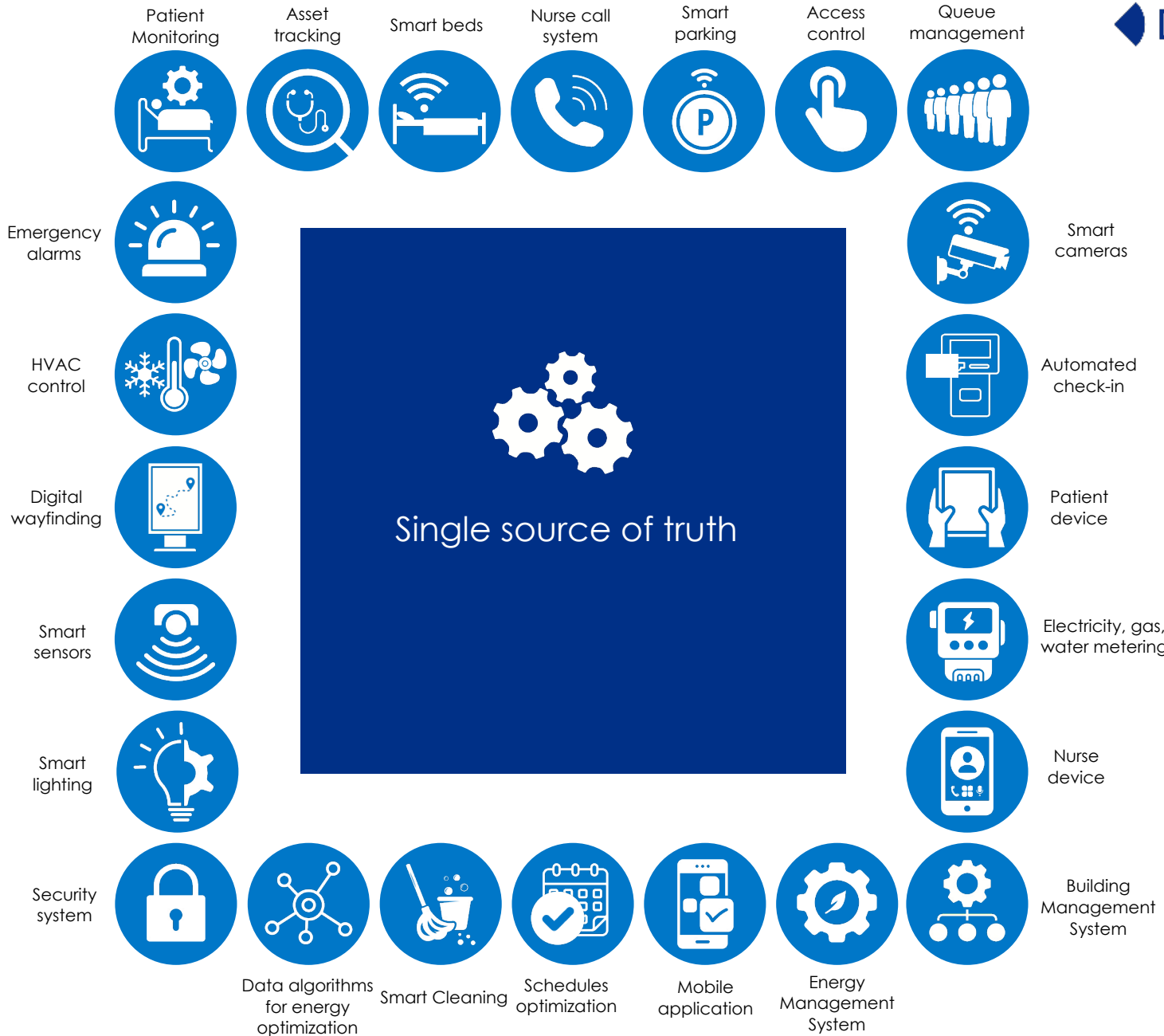
  
Connect HVAC system with BMS system and collect data relevant to energy and space utilization

# Just one out of many





# Integrate and connect all systems





Collect historical and real-time data/ Data analytics and insights



Improved quality of care by monitoring and controlling the hospital performance



Improved medical workflows and procedures securing the wellbeing of employees



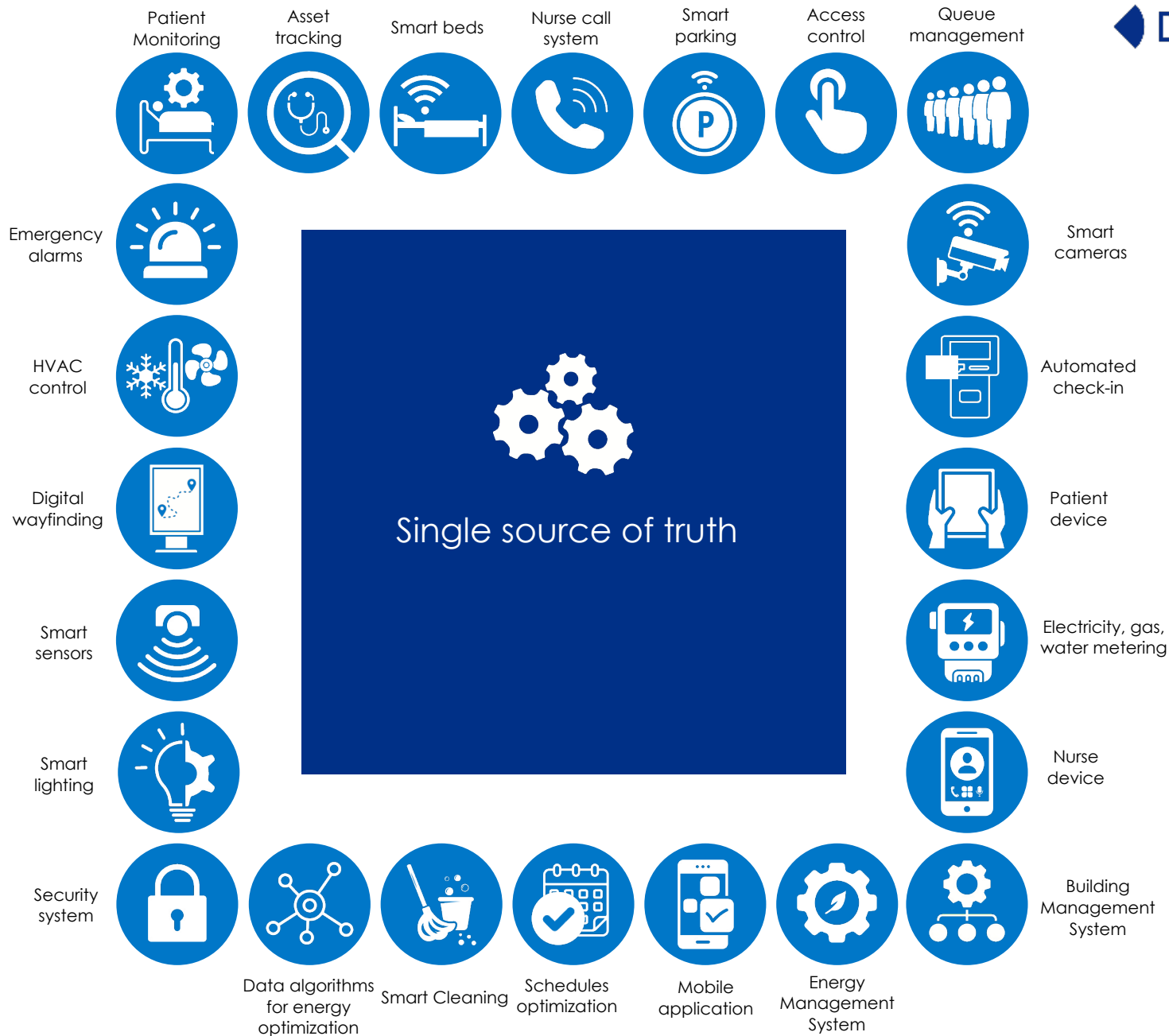
Cost savings from energy management, tracking equipment, increased productivity, predictive maintenance



Energy efficiency / compliance with Building Automation and Control Systems (BACS) requirement (part of EU legislations of 2026).



Improved patient experience/ Data insights for patients to decide on their comfort.



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# Conclusions

# Conclusions



The blue hospital holistic design approach as a starting point to realise the next generation hospitals.

Take into account all 6 performance indicators in the program and design stage



Interdependencies and synergies are real opportunities

Reserve time for a real integrated design process, including TCO and business case thinking



Keep it simple, make it practical and push your limits...

# More information:



**Eduard Boonstra**  
*Sector Director HealthCare*  
email: [Eduard.Boonstra@deerns.com](mailto:Eduard.Boonstra@deerns.com)  
phone: +31620494448



**Savina Taouki**  
*Smart Building Engineer*  
email: [savina.taouki@deerns.com](mailto:savina.taouki@deerns.com)  
phone: +31615531670



**Arianna Surace**  
*Business Development Manager*  
email: [arianna.surace@deerns.com](mailto:arianna.surace@deerns.com)  
phone: +39 3452522389



**Lorena Montenegro**  
*Sustainability, health and well-being consultant*  
email: [lorena.montenegro@deerns.com](mailto:lorena.montenegro@deerns.com)  
phone: +3164 3738409





# Q&A